

WEEKLY BREAKFAST MENU					
Students will select Hot or Cold Breakfast	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Entrée:	Flavored Pancakes	Cinnamon Breakfast Bun	Gourmet Bread	Pancake on a Stick	French Toast Mini's
Cold Entrée Options:	Assorted Cereal & WG Muffin	Assorted Cereal & Yogurt	Assorted Cereal & Breakfast Bar	Assorted Cereal & Toaster Pastry	Assorted Cereal & Cereal Bars
Fruit & Milk Choices:	Daily assorted fruit (fresh and cut), 100% juice, 1% white, nonfat white & nonfat chocolate milk will be offered to students at all meal times.				

Students choose between 1 hot entrée or up to 2 cold entrée's and can pair the entrée with up to 2 fruit choices and milk. All must take 1 fruit choice. \*Please Note: The cashier will ensure a proper meal is selected by the student. If not, they will be redirected to complete their breakfast, with the exception of **Milk Only purchases**, which will be sold to students for \$0.60. Smart Snack compliant a la carte items will also be sold. You can limit the sale of these items to your child. Please send in a note to the cafeteria staff to limit your student's purchases.

### Monthly Lunch Menu

\*Assorted Fruit such as dried fruit, canned fruit, whole fresh fruit and 100% juice, offered daily. Baby Carrots offered daily in addition to the hot vegetable of the day! Students may 3 side items with their entrée of choice. Super lunches no longer an option.

Week	Monday	Tuesday	Wednesday	Thursday	Friday
Blue	Popcorn Chicken & Mac N Cheese Garden Green Beans, Assorted Fruit & Milk	Hamburger/Cheeseburger Lettuce, Tomato & Pickles, Assorted Fruit & Milk	Cincy Chili 3 Way w/ Crackers Top it off with Red Beans or Onions; Celery Sticks w/ Hummus, Assorted Fruit & Milk	Lasagna Roll Up & Garlic Breadstick Romaine Side Salad, Assorted Fruit & Milk	Big Daddy's Pizza Slice Steamy Broccoli, Assorted Fruit & Milk
Red	Chicken Nuggets with Soft Pretzel Sweet Potato Waffle Fries, Assorted Fruit & Milk	Brunch For Lunch: Waffle Sticks & Turkey Sausage & Syrup Potato Smiles, Assorted Fruit & Milk	Grilled Cheese & Tomato Soup Steamed Broccoli, Assorted Fruit & Milk	Chicken Soft Taco w/ Cheese Black Beans, Salsa & Crunchy Corn	Cheese-filled Bread Stix w/ Pizza Dipping Sauce Garden Green Beans, Assorted Fruit & Milk
Green	Chicken Tenders with Roll Glazed Carrots, Assorted Fruit & Milk	Steak Hoagie w/ Mozz Cheese Potato Wedges w/ Ranch Seasoning, Assorted Fruit & Milk	Popcorn Chicken w/ Orange Sauce & Rice Peas & Carrots, Assorted Fruit & Milk	Cheesy-Quesadilla & Salsa Refried Beans, Corn, Assorted Fruit & Milk	Big Daddy's Pizza Slice Steamed Broccoli, Assorted Fruit & Milk
Yellow	Regular or Spicy Chicken Patty Sandwich Mashed Potatoes, Assorted Fruit & Milk	Brunch For Lunch: Pancakes & Eggs Sweet Potato Cubes, Assorted Fruit & Milk	Pasta w/ Meat Sauce, Cheese & Garlic Breadstick Romaine Salad w/ Dressing, Assorted Fruit & Milk	Taco Meat, Cheese & Corn Chips Corn, Black Beans, Assorted Fruit & Milk	French Bread Pizza California Blend, Assorted Fruit & Milk
Daily Entrée Alternate:	• Bagel w/ Cream Cheese, String Cheese & Yogurt	• Uncrustable	• Moo Meal: Yogurt, Granola Bites, String Cheese, Cheddar Goldfish	• Chicken Corn Dog	• Fish Sandwich

All students purchasing a MEAL at lunch are required to select at least 1 serving of fruit or vegetable, but students may select up to 3 sides with a meal. The cashier will redirect students who have not met this requirement. Please ensure your student knows their student id number to expedite the line. St. Cecilia qualifies for all students to eat one breakfast and one lunch for free daily. Please be sure to check your meal account online to ensure proper funds are available for your student's a la carte (extra) purchases. Charging will not be allowed for a la carte items. Students are not required to take the hot vegetable with the entrée.

**Please note: Although all students are able to eat for free, ALL families must complete an annual household income survey. Please return asap to the school office.**

AUGUST					SEPTEMBER					OCTOBER					NOVEMBER					DECEMBER										
Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	
Blue		22	23	24	25	Red					1	Green	2	3	4	5	6	Green			1	2	3	Red					1	
Red	28	29	30	31		Green	4	5	6	7	8	Yellow	9	10	11	12	13	Yellow	6	7	8	9	10	Green	4	5	6	7	8	
Aug 22 - First day of school					Yellow	11	12	13	14	15	Blue	16	17	18	19	20	Blue	13	14	15	16	17	Yellow	11	12	13	14	15		
					Blue	18	19	20	21	22	Red	23	24	25	26	27			20	21	22	23	24	Blue	18	19	20	21	22	
					Red	25	26	27	28	29	Green	30	31						Red	27	28	29	30			25	26	27	28	29
					Closed: Sept. 4 - Holiday					Closed: Oct. 2; 13 & 16					Closed: Nov. 20-24 - Thanksgiving Holiday					Closed: Dec. 21-Jan. 2 - Christmas Holiday										
JANUARY					FEBRUARY					MARCH					APRIL					MAY										
Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	
Red	1	2	3	4	5	Red					1	2					1	2						Red	1	2	3	4		
Green	8	9	10	11	12	Green	5	6	7	8	9	Green	5	6	7	8	9	Green	9	10	11	12	13	Green	7	8	9	10	11	
Yellow	15	16	17	18	19	Yellow	12	13	14	15	16	Yellow	12	13	14	15	16	Yellow	16	17	18	19	20	Yellow	14	15	16	17	18	
Blue	22	23	24	25	26	Blue	19	20	21	22	23	Blue	19	20	21	22	23	Blue	23	24	25	26	27	Blue	21	22	23	24	25	
Red	29	30	31			Red	26	27	28			Red	26	27	28	29	30	Red	30					Red	28	29	30	31		
Jan. 3 - Return from Winter Break. Closed: Jan. 15 - Holiday					Closed: Feb. 16 & Feb. 19 - Holiday					Closed: March 29 - April 6 - Easter Holiday					April 9 - Return from Easter Holiday					Closed: May 4 May 31 - Last Day for Students										

Cycle Menu Rotation Key: Color indicates weekly cycle for lunch menu; Bold Days = 1st and last day of school; Gray Color Square = School Closed

### MEAL PRICES:

Breakfast - \$0.00 1st meal  
\$1.00 for extra entrée

Lunch - \$0.00 1st meal  
\$2.00 for extra entrée

\$0.60 milk only; \$0.50 extra side item

Staff Meals - \$3.50

\*Entrée, water or milk, & up to 3 sides